

WHOLE GRAIN

BAGEEGIALS

DELICIOUS BITE-SIZED DELIGHTS!

Featuring fun whole grain flavors...

PLAIN WITH PLAIN CREAM CHEESE

CINNAMON RAISIN BAGEL WITH MAPLE, CINNAMON & RAISIN CREAM CHEESE

PLAIN WITH STRAWBERRY CREAM CHEESE

EVERYTHING WITH PLAIN CREAM CHEESE





HEATING INSTRUCTIONS

For best results, **air fry** at 325–350°F for 9–12 minutes if frozen or 6–8 minutes if thawed.

Alternatively, **microwave** on high (1000W) for 17-21 seconds if frozen or 14-16 seconds if thawed, or **bake** in a conventional oven at 350°F for 15–20 minutes if frozen or 8–10 minutes if thawed.

5 GRAMS OF PROTIEN

% DIETARY FIBER

NO TRANS

51 % WHOLE GRAINS

GRAIN





WHOLE GRAIN BAGEL BALL WITH CREAM CHEESE

Nutrition Facts

1 serving per container
Serving size 1 piece (65g)

170 **Calories**

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 290mg	13%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugar	s 4%

Total Sugars 3g	
Includes 2g Added Sugars	49
Protein 5g	
Vitamin D 0mcg	09
Calcium 20mg	2
Iron 1.3mg	89

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES)

CONTAINS: MILK, WHEAT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG. ALMOND. PECAN, WALNUT, PEANUTS, SOY, SESAME







Nutrition Facts

Calories

Trans Fat 0g

Cholesterol 15mg

Total Sugars 3g

Vitamin D 0mcg alcium 30mg

Total Carbohydrate 28

CREAM CHEESE

13%

5%

7%

4%

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC BARLET FLOOR, NIACHY, INDIA, THIAMINI FHOMOTHARIE, RIBOTAVINI, FOLL ACID), WATER, CREAM CHESEE (MILK, CHEESE CULTURES, SALT, GUAR GUM), CORN STARCH, STRAWBERRIES, SUGAR (SUGAR, CORNSTARCH), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, SOYBEAN OIL, DOUGH 1 serving per container Serving size 1 piece (65g) CONDITIONER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED 170 IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES)

WHOLE GRAIN BAGEL BALL

WITH STRAWBERRY

CONTAINS: MILK, WHEAT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, ALMOND, PECAN, WALNUT, PEANUTS, SOY, SESAME





WHOLE GRAIN CINNAMON RAISIN **BAGEL WITH MAPLE, CINNAMON &** RAISIN CREAM CHEESE

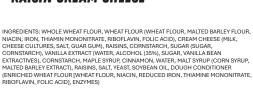
Nutrition Facts

1 serving per container
Serving size 1 piece (65g)

180 **Calories**

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 280mg	12%
Total Carbohydrate 32g	12%
Dietary Fiber 3g	11%
Total Sugars 7g	
Includes 3g Added Sugar	s 6 %
Protein 5g	

Protein og	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.5mg	8%
Potassium 140mg	2%



MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, ALMOND, PECAN, WALNUT, PEANUTS, SOY, SESAME





Nutrition Facts

1 serving per container
Serving size 1 piece (65g)

Amount Per Serving	_		
Calories	1	7	(

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 290mg	13%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugar	s 4%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.3mg	8%
Potassium 100mg	2%

CONTAINS: MILK, WHEAT, SOY, SESAME

CHEESE

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: EGG, ALMOND, PECAN, WALNUT, PEANUTS, SOY, SESAME

WHOLE GRAIN EVERYTHING

BAGEL WITH PLAIN CREAM

INGREDIENTS: WHOLE WHEAT FLOUR, WHEAT FLOUR (WHEAT FLOUR, MALTED

BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID)

WATER, CREAM CHEESE (MILK, CHEESE CULTURES, SALT, GUAR GUM), MALT SYRUP (CORN SYRUP, MALTED BARLEY EXTRACT), SALT, YEAST, TOPPING (SESAME, POPPY,

GARLIC, ONION), SOYBEAN OIL, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR

(WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN,



FLAVOR	CASE DIMENSIONS	CASE COUNT INDIVIDUALLY WRAPPED	CASE WT	TI/HI	SHELF LIFE
Plain	13 ^{3/4} x 12 ^{5/8} x 5 ^{1/4}	48/2.3 oz	7 lbs 11 oz	9x8	8 months
Cinnamon Raisin	13 ^{3/4} x 12 ^{5/8} x 5 ^{1/4}	48/2.3 oz	7 lbs 11 oz	9x8	8 months
Strawberry	13 ^{3/4} x 12 ^{5/8} x 5 ^{1/4}	48/2.3 oz	7 lbs 11 oz	9x8	8 months
Everything	13 ^{3/4} x 12 ^{5/8} x 5 ^{1/4}	48/2.3 oz	7 lbs 11 oz	9x8	8 months

